

<p>Amazonite- It calms the brain and nervous system and aids in maintaining optimum health. Balances the masculine/feminine energies. Helps you to see both sides of a problem or different points of view. It soothes emotional trauma, alleviating worry/fear.</p>	<p>Amethyst- Protection, balances our physical, emotional & mental. Relieves homesickness, helps with grief, decision making, breaking bad habits, encourages change & wealth. Aids anger, OCD, detoxifies, self-esteem, enhances meditation, & calms overactive thinking.</p>	<p>Angelite- Enhances awareness, protection, security, improves communication on all levels, comforts grief, aids anger, rebirth, astral travel; brings spirituality & psychic healing; enhances connection to angel energy.</p>	<p>Aventurine- Abundance, creativity, motivation, leadership, decisions, speed & fast reactions, aids exam stress, ying-yang balance, aids relaxation, facilitates contact with spirit guides, prevents “energy vampires” sucking up our energy, brings positivity & tranquility, success seeking</p>
<p>Azurite- Helps with retaining information & studying; stimulates third eye chakra, intuition & clairvoyance; calming & relieves stress; raises vibrations & consciousness; stimulates memory; helps w/ communication</p>	<p>Black Obsidian- Protection, building knowledge, obtaining wisdom, aids self-defeating qualities, aids grounding, subconscious blockages, enhances connection to ancestors & past regression, acts as a mirror to the soul</p>	<p>Black Tourmaline- protect against electromagnetic smog, radiation, psychic attack/spells, clears negative thoughts, fosters laid-back, positive attitude, grounding, healing, enhances in water energy & career/path section of home (feng shui)</p>	<p>Bloodstone- Courage, vitality, creativity, balance in daily routine, rids toxins in kidney, liver, spleen, & aids blood flow, emotional centering, calming, helps with bad temper & aggression.</p>
<p>Blue Goldstone- confidence, ambition, encouraging motivation & drive, enhances positive, uplifting attitude, promotes vitality, encourages one to speak their truth to self/others, copper is physically grounding for the body.</p>	<p>Blue Hawk’s Eye- Enhances psychic abilities, helps with throat issues, great communication, helps disarray, “go for it” energy, aids depression, rids negativity, enhances mindfulness, aids fatigue, cools overactive sex drive & connection with divine.</p>	<p>Botswana Agate- stone of hope, possibility, artistic expression, alleviates depressive thoughts, brings out sensual side, breaks compulsive & addictive behaviors, protects against fires/hazards, solution seeking, resiliency, soothing, helpful for grief & transitions, grace, aids skin conditions, sore throat, brings acceptance of what is lost, aids worrying thoughts.</p>	<p>Carnelian- “feel better” stone, helps w/ studying, memory, inspire, speech, inner voice, helps live performers, travelers, relieves laziness, apathy, brings vitality, self-esteem, compassion, enhances creativity, courage, energizes other crystals, enhances connection with spirit, aids anger, envy, fear, jealousy, helps to move forward.</p>
<p>Clear Quartz- healing sickness, wounds, depression, communication w/ spirit, improves quality of life, enhances happiness, re energizes you, aids meditation, focuses the mind, and relieves negative thinking and stagnant energy flow.</p>	<p>Dalmation Stone- Protects from physical danger; connects physical & spiritual energy; helps learning & achieving goals; good for relationships & letting go of the past; brings happiness, devotion,& composure; calming; goof for yin/yang balance & releases negativity</p>	<p>Dragon’s Blood Jasper- Protector of Life; Increase Strength & Endurance; Boosts Focus & Resilience; Ignites Creativity and Self Love; encourages bravery; helps release all insecurities, shyness, & self doubt; increases self-love by self-discovery of themselves that was forgotten.</p>	<p>Goldstone- “feel better” stone, boosts flow of energy (chi), vitality, brings luck, aids inflammation, tiredness, over-excitability, arthritis, wealth stone, brings wealth copper is physically grounding for the body</p>

<p>Gold Tiger's Eye- “all seeing” power, courage, protection, enhances vision, guards against evil, helps solve problems, unblocks creativity, spiritual grounding, resilience in overwhelming situations, helps align values/ brings balance.</p>	<p>Green Goldstone- Heart Chakra/emotional healing. aids pain & inflammation, nervous system stimulant, good deflector of unwanted energies, protection, copper is physically grounding for the body.</p>	<p>Fluorite- helps you focus, brings wealth & prosperity, heightens intuitive insights, removes stuck stagnant energy and absorbs negative energy from your body/space. The word “fluorite” comes from the Latin word flux, which means to flow interchangeably</p>	<p>Hematite- absorbs negative energy, grounding, calms stress/worry, encourages positivity, cooperation w/ others, useful in legal situations, strengthens self/confidence, helps self-control, balance, & magnetic.</p>
<p>Howlite- super calming, aids restful sleep, strengthens bones/teeth, heals emotions, stress/anger, activate crown chakra for enhancing knowledge & spiritual connection, combats selfishness, reach goals</p>	<p>Labradorite- mental sharpness, inspires, intuition, mystics, enhances chi thru chakras, stabilizes aura, aids stress, anxiety, and insecurity, sees possibilities, and allows magic to happen.</p>	<p>Lapis Lazuli- soothes inflammation, tranquility, self-awareness, discover & accept innate truth, aids frustration/anger, listens to inner voice, aids psychic abilities & meditation, boosts communication.</p>	<p>Lepidolite -knowledge, grief, emotional balance, change, digestion, calming, helps distrust, stress, depression, promotes re-birth/awareness, aids addictions, guides you from chaos to progress & positivity, provides tranquility, balance, help journey get easier, aids hyper/impulsive behaviors.</p>
<p>Malachite- handles w/ caution (very powerful), fights against pollutants/radiation & negative energy, brings balance to heart chakra, enhances psychic vision, change, emotional healing, balance/harmony, fosters unconditional love for self/others.</p>	<p>Moonstone-embrace wisdom, passion, change, new beginnings/endings, transition, menstrual cycle, moon energy, feminine divine energy, good luck, creativity, soothing, enhances self-esteem, protection for travelers, happy home, builds control, balance.</p> <hr/> <p>Morganite- heart chakra activation, compassion, innocence, healing for emotional trauma, manifestation, calms anxiety relaxing & cleansing.</p>	<p>Ocean Jasper- acceptance, responsibility, positive outlook, embodies joy, good spirited, helps deal w/ past issues & see them in a new light to move on, alleviates stress, enhances patience for self & others, releases anger built up, “take care of business”, loving & healing.</p>	<p>Petalite- Wearing it as a pendant close to heart chakra it will focus the love energy. Has extremely high vibration stone, yet smooth balanced energy., allows you to make a deep connection to the spiritual realm. It's a powerfully protective stone, not allowing negative energy to remain in its vicinity., has healing attributes, helps relieve stress. Aids the development of clairaudience and may help you to hear the voice of angels and spirit guides.</p>
<p>Prehnite- Good for divination, prophecy, visualization, inspiration, & flow; helps anemia, gout, kidneys, & bladder. Good for meditation, calmness, letting go, & finding your own true spiritual path through life; helps agitation, dreams, & dream recall.</p>	<p>Pyrite- enhances brain, memory, leadership, protection, aids clumsiness, solves problems w/ pollution, blocks negativity, takes action, embracing masculine energy, helps create, good luck, manifestation stone, protection.</p>	<p>Rainbow Jasper- helps achieve goals, protect against external hazards, emotional stability, aides rebirth, new ideas, strength, astral travel, grounding, meditation, dream recall, survival instinct, prevents illness, keeps spirit up, embrace sexuality, balances yin-yang</p>	<p>Rose Quartz- magnifies creativity, imagination, fertility (pregnancy/new ideas), balances sex drive, circulation, helps w/ aches, forgiveness, enhances romance, compassion for self/others, releases anger, guilt, shame, jealousy, resentment, helps w/ childhood experiences/ emotions</p>

<p>Selenite- cleansing illness/ self/chakras /auras/crystals Helps w/ abuse, energy blockages, aids fertility (pregnancy & new ideas), encompasses light of understanding & inner knowing, connects to spiritual level, intuition, meditation, fights free radicals/cancer</p>	<p>Serpentine- enhances spiritual exploration, retrieval of wisdom, regain memory past regression, clears chakras, assist conscious healing, stimulates Kundalini energy, blocks stagnant energy, aids meditation</p>	<p>Shiva Lingam- activation, unification, transformation, encouraging us to perceive the ultimate unity & Oneness of all things within creation. Raises aspects of fertility, sexuality, confidence, & balance stabilization. The symmetrically rounded shape emits energy stabilization, increased memory, & the expansion of your overall consciousness.</p>	<p>Smoky Quartz- vitality, intuition, depression, suicidal thoughts, protection from negative thinking/others, grounding, relaxing, aids grief, anger, helps move forward to a bright future, & embraces masculine energy.</p>
<p>Snowflake Obsidian- balances & protects body, mind & spirit, removes negativity from a space/person, Volcanic origin, helps to draw emotions to the surface & to examine harmful thought patterns.</p>	<p>Sodalite- enhances new ideas/ perceptions, creative expression, communication, calming, self-esteem, mental health healing, helps confusion, inadequacy, mental unease, oversensitivity, & eliminates fear.</p>	<p>Sunstone-strengthens leadership, luck/ good fortune, clears energized chakras, instills good nature, heightens intuition, allows the real self to shine through happily, dissipates fearfulness, alleviates stress & increases vitality.</p>	<p>Tourmalinated Quartz- combined properties & unique energy vibrations of Clear Quartz/Black Tourmaline, helps to integrate, heal the shadow energies, release the outworn patterns, enhances emotional clarity.</p>
<p>Turquoise-protection for travelers, embracing feminine energy, calming, wisdom, wholeness, creativity, emotional balance, luck, spiritual grounding, enhancing friendship, love, tranquility, patience, intuition & loyalty.</p>	<p>Tree Agate- ease relationship problems with children; helps clear energy blockages in energy channels to allow for a greater flow of this energy throughout the body; helps connect to the natural cycles in life, opening one up to a flow of abundance and prosperity. Having a deep connection to nature,</p>	<p>Unakite- stone of vision, opening the third eye & useful for scrying. Brings balance, grounding the self while bringing emotions & spirituality together, & used to support convalescence from illness. Stress reliever, aids psychic abilities, increases fertility & birth of new beginnings. Supports the physical body by purging toxicity from old emotional wounds & attachments, anger, resentment, and destructive habits.</p>	<p>Zebra Jasper- aka "supreme nurturer"; sustains & supports through times of stress, and brings tranquility & wholeness; provides protection & absorbs negative energy; balances yin & yang; stimulates the imagination & transforms ideas into action.</p>

Take a photo of this page to keep the crystal properties info! Reminder: crystals work with our energy field & they don't do the work for you!

Wearing the crystal on the left side of the body: receiving the benefits of the crystal & right side helps with how you communicate & give back to the world

